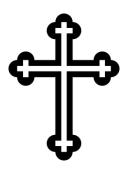
Hymns for the Service of Good Friday

According to the rite of Malankara Orthodox Syrian Church



3rd, 6th, and 9th Hours Service of the Holy Cross

Based on the original translation from Syriac by Fr. Dr. Baby Varghese

2013

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This book contains the hymns for the Good Friday 3rd Hour, 6th Hour, 9th Hour, and much of the Service of the Cross. This is a work in progress. We welcome any suggestions/comments to improve upon the text. Please email them to kurian.jake@gmail.com. Once the entire office is completed, it can be submitted to the Holy Synod for approval.

In the meantime, this has been approved by the Diocesan Metropolitan for use in the Diocese of South-West America. If desiring to use in another Diocese, please receive the consent of the presiding Diocesan Metropolitan. Recordings of select hymns will be made available on the Diocesan website (www.ds-wa.org) to assist in learning the tunes. We pray that this may help our younger generation participate and understand the meaningful liturgical hymns composed by our Church Fathers about the Passion of our Lord.

Nadha the stuthiyum

(Malayalam p. 2; Manglish p. 222)

Praise to - You O Lord, Honor - to Your Father and Worship to the Ho-ly Spirit Have mer-cy on us sinners May the gates of the Hea-ven-ly Zion - be opened That our - pray'rs may enter be-Fore Your Throne , Glory To You Lord, Glory To You Lord, Glory Our hope forever Barekmor

Good Friday Evening Qaumo

Christ Who – by His Passion saved – us from sin receive Our worship, Have mer-cy on us (3x)

Morning Prayer

(After the Gospel is Read)

It is good to give thanks to the Lord and to sing praise to Your name, Most High; to proclaim Your grace in the morning and Your faithfulness in the night. Lord, in the morning You shall hear my voice and in the morning I have prepared myself to appear before You. Lord, have compassion on Your people; Lord, pardon and forgive the sins of all of us. Holy One, let Your right hand rest upon us and pardon our infirmity, because Your name is forever.

Qauma

This morn-ing let us praise and - worship Christ Who saved – us by passion and lowliness (3x)

Praise to... Our Father... (p. 3)

Good Friday 3rd Hour

3rd Hour Qaumo

Christ Who – was questioned in trial – by his servant have – Mercy on us on - Judgment day (3x)

Praise to... Our Father... (p. 3)

3rd Hour Eniyono

(Tune: Prathi vaadhathaal – Malayalam p. 307; Manglish p. 237)

- Jews revolted against Christ With mocking and took him to Be crucified on - the - tree
- God stood in the tribunal He was mocked by the wicked By His Death he saved - the - world
- "Crucify Christ! Crucify Him" the harlot cried out for Having saved her from - E-gypt
- Soldiers who were insolent Took Christ and went with mocking And condemned Him to - the - Cross
- The foolish men nailed the hands And the feet of him, who has Fashioned our Father – A-dam Barekmor Shub'ho... Men olam...
- 6. Glory to Your mercies God By Your will, You came to earth And became man for - our - sake Staumen Kalos Kurielaison

Promiyon

3rd Hour Qolo

(Quqoyo - Tone 4, Malayalam p. 308; Manglish p. 237)

 On Friday at the third hour the first - born of God Who created the whole world left from - Jerusalem They placed the Cross - on the shoulder of The Redeemer - of the creation That he might go to die on the cross - *of* Golgotha Glory to Christ Who died and redeemed the whole world Halleluiah-and-Halleluiah Barek mor

Shub'ho... Men olam... Halleluiah

 The church saw the Son of Justice who – illumines The whole world on the top of the tree – of the Cross She was saddened – seeing the nails on Both of his hands – and lance on his side
 She drew near him and she said: I and my children Worship you Lord who died for us all – to save us Halleluiah–and-Halleluiah

> **Qolo in Prose** (*Malayalam p. 309; Manglish p. 238*)

- 1. Hear this all people and give heed all indwellers of the earth! She who crucified, hung her Lord on the wood, and opened his side with a spear and blood and water came out of it, halleluiah and halleluiah, for the propitation of the whole world. Barekmor Shub'ho.
- 2. The judge who judged the Son asked for water and washed his hands, saying: "I am innocent of the blood of this righteous man." And all cried out together: "Let this blood be upon us and upon our children!" Halleluiah and Halleluiah, Glory to Him who endured them.

3rd Hour Hymns of the Passion

(Tune: Njangalkaayi nee – Malayalam p. 310; Manglish p. 239)

- 1. Blest is your pa-ssion for us Lord Blest is your low-liness for us
- They stretched out and struck him with whips The One who stretched out the heavens The shameful Cross – they gave to Him They took Him to be crucified For absolution of our sins
- Children of A-dam divided The garb of Him who clothed Adam With garb of light – in Paradise They did cast lots for his clo-thing Instead of blessings from *Paradise*
- May good workers, sons of the Church Offer glory, fit for the King Who on top of the wood hired them At the third hour, may they repay Glory for his selfless passion
- 5. When you judge those who judged you Lord Do not judge us in your mercy Moryo rahem...

3rd Hour B'outo of St. Ephrem

(Tune: Njangalkaayiulavaay – Malayalam p. 310; Manglish p. 239)

 By Your great compassion Lord Have mercy upon us all May we be partakers of Your passion and your Kingdom Our God – Have mercy on us - our Lord Have mercy on us

- 2. On Friday the foolish men Raised You up with criminals The creation became dark Seeing their Lord on the Cross He cried out atop the wood And the creation gave heed The ends of the earth heard it As if noise from a small house Upon hearing their Lord's voice On Golgotha, Nature cried: **Our God Have mercy on us - our Lord Have mercy on us**
- 3. On Friday the wicked ones Raised you up with criminals They gave vinegar and gall To Him, the spring of sweetness They placed a crown of thorns on Him who adorns Kings with crowns With a spear they pierced Him who Removed the spear of Eden The crucifiers cried out With insults mocking our Lord: "If you are the Son of God Come down from the Cross of wood He commanded the dead ones To rise up from their tombs and Go and blame the ungrateful Ones who mocked the Life-giver Our God Have mercy on us - our Lord Have mercy on us

- 4. Glory to Your Trinity Jesus, our victorious King! Praise to Your eternity Which transcends all suff-erings Praise to Your Incarnation Which revealed Your true greatness Praise to Your loving kindness For You have inclined the height (Ps. 145) By Your Passion, Your Church has Been redeemed from the darkness You did suffer in the flesh As was told by Your prophets By nature You are beyond Suff'rings and You dwell in the heights above eternally With the Father and Spirit **Our God** Have mercy on us - our Lord Have mercy on us
- 5. At the third hour, Adam came To Paradise made for Him At the third hour – wicked men Crucified You on the wood At the third hour - may You be Glorified with songs of praise Sung by your Congregation Which was redeemed by Your wounds Of Your Crucifixion Lord Exaltation be to the Father Who sent You and praise Be to the Holy Spirit **Our God Have mercy on us - our Lord Have mercy on us**

6. By Your great compassion Lord Have mercy upon us all May we be partakers of Your passion and your Kingdom Our God Have mercy on us - our Lord Have mercy on us

Kumpaulos Hymn (not found in Syriac)

(Sakalam mochich – Malayalam p. 313; Manglish p. 241)

3rd Hour 'Unitho

(Tune: Seeyone mashiha – Malayam p. 314; Manglish p. 242)

Woe to you Zi-on who crucified Christ! Blest are you, Church – for you offer praises

- The Pure One Who- took lashings in silence
 In their evil they cried out against Christ
 Crucify him, son of Joseph,
 Who deceived and insulted us
 They denied the Healer, so the whole Earth trembled
- When Christ was struck the legions did tremble They spread their wings – to burn down the wicked For they saw – their Lord, Creator, Being shamed – by the foolish men They were calmed – seeing that – He suffered - by His will
- 3. O Judge, read and see what does the law say Never one just - or innocent is killed In the Law – it states eye for eye Christ opened – the eyes of the blind Show us then- what does the – law say – with true justice?

- If murderer , what can Law say of Him?
 If Life-giver, what could be said of Him?
 Lazarus, and the widow's son,
 and the dau-ghter of the ruler
 Those of you who gained life mock the cru-cifiers
- Guilty was A-dam, image beautiful In place of Him – our Lord God entered and Stood to be- beaten shamefully His servant – was freed from his guilt The innocent was pleased – to free - the guilty one
- 6. Tremble Soldiers! because His blood is pure He will destroy the city of the strong Woe to you – O Jerusalem! for at hand – is your destruction
 The one whom – you condemned- will triumph – with his Cross
- O Justice come and show the judge this truth The righteous one was beaten unjustly Cain's children, – those who hate virtues Thirst for blood - of the blameless lamb
 O judge see – so that you – may not perish with them
 - Behold all mouths and tongues that you have saved Glorify You Lord for Your love towards them Glory Lord – for You became Man Glory Lord – for You bore the Cross Glory Lord – for You were - risen and ascended

Soogeeso (not found in Syriac)

(Tune: Khathaka dhikkariye – Malayalam p. 316; Manglish p. 243)

Gospel

(Pethgomo – Malayalam p. 318; Manglish p. 245)

Halleluiah- Halleluiah I will cast my shoes upon <u>E</u>dom I will shout over Philist<u>ia</u> – Halleuiah (Ps. 60:8)

St. Matthew 27: 26-30	St. John 19: 5-11
St. Mark 15: 21-27	St. Luke 23: 26-31

3rd Hour Qaumo

Christ Who – was questioned in trial - by his servant have-Mercy on us on - Judgment day (3x)

Praise to - You O Lord, Honor - to Your Father and Worship to the Ho-ly Spirit Have mer-cy on us sinners May the gates of the Hea-ven-ly Zion - be opened That our - pray'rs may enter be-Fore Your Throne , Glory To You Lord, Glory To You Lord, Glory Our hope forever Our Father... (p. 3)

Good Friday Procession I

(Tune: Sleeba tolinmel – Malayalam p. 344; Manglish p. 262) Procession hymn translated by H.G. Yakob Mar Irenaios, Metropolitan

> Cross He carried on shoulders As He came out from the fort Hebrew women assembled Weeping and wailing for Him His Mother stood from afar With her kin waiting for Him Overcome with grief and pain. Like a dove she moaned and cried. "Where, where are they taking You My Son, my beloved one? Why did You give Yourself up Unto these ungrateful ones? My Son, my beloved One O, what has befallen You? Blessed is Your lowliness And Your passion for – our – sake."

(Prose)

As He was coming out from the city,/ carrying His Cross on His shoulder, / the Hebrew women were gathered weeping and wailing over Him / His mother was standing afar, with all her kin, / and as a dove she began to moan with grief and sorrow / "Where my Son, / Where my beloved are You going? / Where are they taking You away? / Why did You give Yourself up to the hands of these ungrateful people? / Woe is me, my Son! / Woe is me, my beloved One! / What has happened to You today? Blessed be Your passion for us / and Your humiliation for our sake"

Good Friday 6th Hour

6th Hour Beginning Qaumo

Christ Who – was treated with shame – by his servant have Mercy on us on – Judgment day (3x)

Praise to - You O Lord, Honor - to Your Father and Worship to the Ho-ly Spirit Have mer-cy on us sinners May the gates of the Hea-ven-ly Zion - be opened That our - pray'rs may enter be-Fore Your Throne , Glory To You Lord, Glory To You Lord, Glory Our hope forever Our Father...

6th Hour Eniyono

(Tune: Sleebayum peedakalum – Malayalam p. 319; Manglish p. 246)

- 1. You endu-red, Lord, the passion and the Cross- and the crown of thorns O Lord have mercy on us
- By Your will You took up the Cross to save Adam and His children, Lord - have mercy on us.
- You for whom they plaited a crown of thorns and placed it on your head, Lord - have mercy on us
- You whom the sun saw on the cross and co-vered his light with darkness -Lord - have mercy on us Barek mor

Shub'ho... Men olam...

 Praise to You – the Exalted One– who did – humble Yourself by Your will have mercy on us

Staumen Kalos Kurielaison

Promiyon

Qolo in Prose – (Mashiha nadhr eethok)

(Malayalam p. 320; Manglish p. 246)

- God is suspended on the cross/ and the creations are in mourning. The hosts of heaven remained with fear in the firmament, / when they saw the Son standing /and their Lord inclining His head before Pilate. /The sun hid his rays / for he saw his Lord being insulted. / The earth trembled / and the foundations of the depths were shaken, /for the accursed dust judges without transgression / the one who holds the creation in his hands.
- 2. Great and true is the faith of the thief, / for he beseeched forgiveness to his Lord / who was suspended on the tree, nails on his hands and feet! /And he said to Him: forgive me my iniquities! / Simon Peter renounced Him and swore: I do not know Him! / John, the Virgin, and His disciples left Him and fled. / But the murderer cried out saying: / Remember me my Lord, / when you come in Your kingdom!

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Ethro

Another Qolo in Prose

(Malayalam p. 321; Manglish p. 247)

- 1. In that morning / when the watchers in the heights above saw You / suspended on the cross by the wicked, / they gathered together in their ranks / and hastened to come down to destroy the evil-doers, / halleluiah, the accursed ones who cried out saying: crucify Him! Barek mor Shub'ho... Men olam...
- 2. The lump of earth boastfully sat down on the throne / to judge the Judge of all judges. /The scribes of the people cried out: / Release Barnabas and crucify Jesus / for He deserves death, / halleluiah. Blessed is He who wiped them out / that their memory shall cease forever.

6th Hour Hymns of the Passion

(Tune: Njangalkaayi nee – Malayalam p. 322; Manglish p. 247)

- 1. Blest is your pa-ssion for us Lord Blest is your low-liness for us
- 2. The foo-lish sons of darkness raised And su-spended - the divine lamb On top of the Tree of the Cross In re-turn for - His rich blessings They gave - Him vi-negar and gall
- The hard rocks cracked and broke upon Witnes-sing all - the wickedness Hearts of the Jews Had no remorse As they drove nails into the hands Of Him Who created Adam

4. The li-on's cub - roared on the tree The shrewd - children - of darkness fled Pow'rful demons Were stunned, confused Satan, - the head - of deceit cried In His defeat, – his crown fell down

5. When you judge those – who judged You Lord Do not judge us in your mercy Moriyo...

6th Hour B'outo of St. Jacob

(Tune: M'shiha skeepa – Malayalam p. 323; Manglish p. 248)

- Christ who came for passion, crucifixion and death Lord - hear - our - pray'r and have mercy upon - our souls Our God – have mercy on us – Our Lord – have mercy on us
- The Li-ving- Lamb of God arrived for sa-cri-fice Sol-diers - rose - and became the priests to of-fer - Him They - raised - up - the wood of the Cross on Gol-go-tha The – wi-cked - ones had beaten the Chief Cor-ner-stone They - raised - Him - as a pillar high amidst - the - depths Like - a – he-ro - He stood to bear the world's – bur-dens **Our God – have mercy on us – Our Lord – have mercy on us**
- 3. At -mid-day -the whole world became filled with dark- ness From – this - was - known Who has command over - the - sun The – light - did - disappear on Friday to - preach - the True - Light, - Who does save us from the darkness - of - sin The - World – per-ceived that the Son of God Him-self - is The - One – who - was crucified on the Cross - of - wood At – mid-day - Adam ate fruit of the tree – and - was A-shamed - and - trembled about his ini-qui-ty **Our God -**have mercy on us – Our Lord – have mercy on us

- 4. The sun, the moon like Shem and Japheth cover'd themselves
 So as not to see the Lord of Noah ex-posed
 The sun said " How can I shine on all the crea-tures,
 When the Great Sun of Justice is hung on the cross Our
 God have mercy on us Our Lord have mercy on us
- How can the day show light upon seeing its Lord Hung – na-ked - on the Cross in between cri-mi-nals The – U-ni-verse filled with numerous shi-ning - stars Be-came – dark - upon see-ing its Lord on – the - wood Our God – have mercy on us – Our Lord – have mercy on us

Kumpaulos Hymn (not found in Syriac)

(Tune: Balikale neekkitum – Malayalam p. 325; Manglish p. 249)

6th Hour 'Unitho

(Tune: Seeyone mashiha – Malayalam p. 328; Manglish p. 251)

- Woe to you Zi-on who crucified Christ! Blest are you, Church – for you offer praises
- The Lord of glory ascended the Cross Wi-cked men yelled - to kill the innocent The vicious – wolves surround and they Tear apart – the innocent lamb By His will – He suffered, – By His Cross – He saved us
- The disciples the children of light fled The - men of dark-ness had bound up the Light Caiaphas, - Hannah and Judas Who belong – to the left hand side Were set to – crucify – Christ in their jealousy

- 4. The tree said: woe is me! what has happened?
 On me, they cru-cified the Lord of all He nurtured - me with dew and rains I repaid – him with this evil Lord have mer-cy on the – ones who crucified Christ
- 5. My Lord, My son! who has crucified You Why - did the foo-lish men hate you O Lord? You have done – such good things for all And you gave – healing unto all Why did they – reward you- with insults – on the Cross?
- 6. Zi-on! What fault has my Son done to you? In - fact, he has - done good things for your men With his word – he cleansed the lepers With his spit – gave sight to the blind But your men - and children – reward him - with insults
- 7. My son, my Lord how should I mourn for you Without friends and the group of chaste women Murderers – surround your Cross and The wicked – run upon your death Give voice to - the dumb nat-ures to mourn - for You Lord!
- In-nocent blood was spilled on you O Earth! Quake and cause fear to the circumcised ones Shout o rocks! O stones cry aloud! And reprove – the crucifers O natures, - move with signs – Behold He - is exposed!
- 9. O Mothers of the paternal house weep!
 Lo, The Son of the Father is dying!
 With the sound of the intense sigh
 He reproached the Crucifiers
 They denied His greatness Lord have mercy on them

10. O zealous and mighty angels speak out!
 Why aren't you moved - as you see Him exposed?
 In Sodom – two among you were
 Insulted – and the city burned
 Your Lord is - being mocked- O Angels - don't keep still

11. O - Heav'nly ones, - pour out the fire of zeal! Upon the in-solent around the cross

> With your wings – drop flames upon those People who – crucified the Lord

Has the Lord - withheld you? Your zeal has - been subdued!

Gospel

(Pethgomo – Malayalam p. 330; Manglish p. 253)

Halleluiah- Halleluiah They gave me gall for <u>my</u> food For my thirst they gave me vinegar to <u>drink</u> - Halleuiah (Ps. 69:22)

St. John 19:15-22	St. Matthew 27:38-44
St. Mark 15:29-32	St. Luke 23:34-43

6th Hour Ending Qaumo

O Lord – in that glorious day – of your coming re-member us also – with the thief (3x) Praise to - You O Lord, Honor - to Your Father and Worship to the Ho-ly Spirit Have mer-cy on us sinners May the gates of the Hea-ven-ly Zion - be opened That our - pray'rs may enter be-Fore Your Throne , Glory To You Lord, Glory To You Lord, Glory Our hope forever Barek mor Our Father...

Good Friday 9th Hour

9th Hour Beginning Qaumo

Christ Who – By Your Cross destroyed – the crucifers Lord, May Your Cross be - our fortress (3x)

Praise to... Our Father... (p. 3)

Eniyono

(Tune: Sandarshipaan – Malayalam p. 332; Manglish p. 254)

- On the Cross, with criminals, The wicked placed the Good One Who came down to vi-sit - them
- When he was thirsty, they gave-Vinegar and gall to God The Prophet's word was – ful-filled
- 3. As King David had announced They divided his garments And cast lots for his – clo-thing
- Blest is He who made the Cross A great and pow'rful weapon For the children of - the - Church
- For the Holy, Faithful Church May Your Cross be a fortress From Satan and his – a-rmies Barekmor

Shub'ho... Men olam...

Promiyon

9th Hour Qolo

(Quqoyo - Tone 4, Malayalam p. 333; Manglish p. 254)

 God ascended on the Cross and He - tasted death He descended into Sheol a- mong the dead He broke its doors – and the bars of bronze And gave life to – Adam, His image He prepared a way from the tomb to – Paradise That Adam's sons who believed in his – Resurrection Halleluiah – shall partake of it Barekmor

Shub'ho... Men olam...

 Christ, The Son of God inclined his head – on the Cross And entrusted his soul in hands of – His Father Rocks burst open – and the tombs broke out The creation – was struck with terror
 The Jews opened the side of the Son of God and From it came out blood and water for – forgiveness Halleluiah – for the entire world

Another Qolo (*Thubaik etho*) (*Tune: Paulose sleeha – Malayalam p. 334; Manglish p. 255*)

 Great is the faith – of the thief for he beseeched Forgiveness from his Lord God Who was hung upon the tree With nails in his hands and feet And he asked him, "Forgive me" Simon saw Him, renounced him John saw Him and stood away The thief cried, "Remember me When you come in Your kingdom! Barekmor Shub'ho... Men olam...

2. The streams of fire – and spirit were astonished At the Son hung on the tree Stretched out between the two thieves The sun did withhold its rays Not to see his nakedness He spread the earth by his Pow'r And did stretch out the heavens Upon seeing Him naked, Heaven and earth were shaken!

9th Hour Hymns of the Passion

(Tune: Njangalkaayi nee – Malayalam p. 335; Manglish p. 256)

- 1. Blest is your pa-ssion for us Lord Blest is your low-liness for us
- How did the nails not dissolve Lord? How did the soldiers not burn up? The lion's cub - humbled himself Death be-came joy – that by suff'ring – Adam - who died, - should receive life
- The One Who was slain on the Cross, Cried out, and the rocks split apart The stones broke out – as if with fire The earth - trembled - and moaned in pain Like a *lioness*, - creation roared

- 4. Instead of beautiful blossoms
 Vinegar and gall were given
 Instead of ro-ses and lilies
 A crown of thorns was placed on Him
 By the impure ones who mocked Him
- 5. With gratitude we offer You
 Flowers to crown you in glory
 Living Son Who Suffered for us
 Praise be to You who is One with
 Your Father and Holy Spirit
- 6. When you judge those who judged you Lord Do not - judge us - in your mercy

9th Hour B'outo of St. Jacob

(Tune: M'shiha skeepa – Malayalam p. 336; Manglish p. 256)

- Christ Who came for Passion, Crucifixion and Death Lord – hear - our - pray'r - and have mercy upon - our - souls
 Our God – Have mercy on us – Our Lord – have mercy on us
- I li- stened to what she says with lamentation: "Lord - let - your - cross destroy the fortress of – Zi-on! Let - the - eye - which looked at you with contempt - O - Lord Be-come – dark-ened and blinded and thus see - no -more! Our God – Have mercy on us – Our Lord – have mercy on us
- Glo-ry to -Your Father who sent You for pas-sion Thanks-giv-ing - to You who suffered all for - our - sake Hon-or - to - the Holy Spirit, Immor-tal - One Glo-ry –to -You, the Three Persons in One – Ess-ence, Our God – Have mercy on us – Our Lord – have mercy on us

4. In -Your – pas-sion, Lord, the heaven and earth – suf-fered The – wat-chers - and men were astonished and - a-mazed For - You, - were - so much and humbled Yourself, - for - us Lord - hear - our - pray'r - and have mercy upon - our - souls Our God – Have mercy on us – Our Lord – have mercy on us

Kumpaulos (not found in Syriac)

(Tune: Dhanyan than mrithiyaal – Malayalam p. 336; Manglish p. 257)

Song of the Two Thieves

(Malayalam p. 339; Manglish p. 258)

Gospel

(*Pethgomo – Malayalam p. 343; Manglish p. 261*) Halleluiah- Halleluiah All who see me mock <u>at me</u> They hurl insults, shaking their <u>heads</u> – Halleluiah (Ps. 22:7)

9th Hour Ending Qaumo

Christ Who - by His death gave life - to mortals, give life To our departed – *and* have mercy (3x)

Praise to - You O Lord, Honor - to Your Father and Worship to the Ho-ly Spirit Have mer-cy on us sinners May the gates of the Hea-ven-ly Zion - be opened That our - pray'rs may enter be-Fore Your Throne , Glory To You Lord, Glory To You Lord, Glory Our hope forever Barek mor Our Father...

Service of the Veneration of the Cross

(Opening Prayer)

PSALM 51

Have mercy on me, O God, / in your loving kindness; / in the abundance of your mercy / blot out my sin.

Wash me thoroughly from my guilt / and cleanse me from my sin. / For I acknowledge my fault / and my sins are before me always.

Against you only have I sinned / and done evil in your sight, / that you may be justified in your words / and vindicated in your judgment. / For I was born in guilt / and in sin did my mother conceive me.

But you take pleasure in truth / and you have made known to me the secrets of your wisdom. / Sprinkle me with your hyssop / and I shall be clean; / wash me and I shall be whiter than snow.

Give me the comfort of your joy and gladness, / and the bones which have been humbled shall rejoice. / Turn away your face from my sins / and blot out all my faults.

Create in me a clean heart, O God, / and renew your steadfast spirit within me. / Do not cast me from your presence / and take not your Holy Spirit from me.

But restore to me your joy and your salvation / and let your glorious spirit sustain me; / that I may teach the wicked your way /and sinners may return to you.

Deliver me from blood, O God, / God of my salvation, / and my tongue shall praise your justice. / Lord, open my lips / and my mouth shall sing your praise.

For you do not take pleasure in sacrifices; / by burnt offerings you are not appeased. / The sacrifice of God is a humble spirit, /a heart that is contrite God will not despise.

Do good in your good pleasure to Zion / and build up the walls of Jerusalem. / Then shall you be satisfied with sacrifices of truth /and with whole burnt-offerings; / then shall they offer bullocks upon your altar.

And to you belongs the praise O God. Barekmor

Eniyono

(Tune: Seeyonil tharuvil – Malayalam p. 345; Manglish p. 263)

- He who was crucified in Zion by His Cross brought salvation for all O God – have mercy on us
- He who cried on the wood in Zion with his voice He shook the Creation
 O God – have mercy on us
- 3. He who drank vinegar and gall which took away the bitterness of our passions have mercy on us
- 4. Let us all adore the living Cross by which we were saved from worship of idols have mercy on us
- 5. May Your Cross be for our departed a bridge which leads to the bride chamber of joy have mercy on us

- 6. He endur-ed the passion on the Cross and bore the crown of thorns on His head O God have mercy on us
- 7. He was pierced with the spear on his side blood and liv-ing water flowed from it O God have mercy on us
- 8. He was pleased to hand Himself over in order to set the souls of our race free have mercy on us
- He who cried out "El, El" on the Cross and the en-tire earth quaked by His voice - O God – have mercy on us Barek mor Shub'ho... Men olam...
- 10. Praise to the Father who sent His Son to descend and redeem His tarnished image have mercy on us

Sleeba Aradhana – Bthultho yeldath dumoro

(Tune: Gogulthaayil – Malayalam p. 346; Manglish p. 263)

- My God, my God, why have You forsaken me? (Ps. 22:1)
 A great wonder, My brethren,
 I saw on Golgotha and was filled with trembling
 God is hung upon the Cross
 He is mocked by the wicked
 Those on high and below
 Give praise to Him forever
- O God, I will call upon you on day (Ps. 22:2) Blest is the wood – of the cross For –God the Word was stretched out on it Therefore we do worship Him He is our hope and refuge He has taught us to praise And exalt Him forever

- 3. They have pierced my hands and my feet. My bones ached with pain. (Ps. 22:16-17)
 Your Cross O Lord we adore
 We take pride and put our trust in it
 We sign ourselves with the Cross
 To protect us from Satan
 To Him who hung on it
 be exaltation and praise
- 4. They stare and gloat over me (Ps. 22:17)
 Let us all a-dore the Cross
 Let us confess Him who has redeemed us
 From the worship of idols
 And shown us the way of life
 That we might walk in it- without stumbling or falling
- 5. O Lord, be not far from me (Ps. 22:19)
 Blest is He who made the Cross
 Ar-mor and a strong defense to those who honor it
 And a hindrance to all those
 Who do not believe in Him
 On the day when He comes
 Every tongue will con-fess Him

The Magnificat – Song of Mary

Mary said: My soul magnifies the Lord, / and my spirit rejoices in God, my Savior

Because he has looked upon the lowliness of his handmaid, / for behold from henceforth all generations / shall call me blessed.

Because he who is mighty / has done great things for me, / and holy is his name.

And his mercy is from generation to generation on those who fear him.

He has won victory with his arm, / he has scattered the proud / in the conceit of their heart

He has put down the mighty from their thrones, / and has exalted the lowly.

He has filled the hungry with good things, / and the rich he has sent empty away.

He has given help to Israel his servant, / mindful of his mercy.

Even as he spoke to our fathers, / to Abraham and his seed forever. Barek mor

Sleeba Aradhana – Lek Phaayo Dhankaalos

(Tune: Devesha Mashihaaye – Malayalam p. 348; Manglish p. 265)

- Christ our God We praise You You enlightened the whole world When You were lifted up on the Cross – for our sake Lord We offer praise to You
- By Your Cross Redeemer May we triumph o'er Satan May we inherit life and the heav'nly kingdom May we praise Your grace O Lord
- We adore Your Cross Lord For by it we were redeemed From idolatry and from worship of demons Christ our God – we praise Your Cross

 Holy are – You O God The Most High Who dwells in heav'n and in His atoning altar of His pure Church which He gave us - by His grace

Sleeba Aradhana – Lamshiho Dethreem

(Tune: Vishwaasikal njangal – Malayalam p. 348; Manglish p. 265)

- For salvation and redemption
 Of us the faithful believers
 Christ was raised on Golgotha
 The Jews crucified the One
 Who gives life to all who believe in Him
 Therefore we glorify Him unceasingly
- For salvation and redemption
 Of us the faithful believers
 Christ was nailed onto the Cross
 In a place called Golgotha
 By the Jews May God have mercy on them
 Therefore we glorify Him unceasingly
- He was crucified for our sake On Golgotha in - Jerusalem The sun hid and became dark Rocks burst open and the dead Rose to life – Christ indeed is Lord of all Therefore we glorify – Him unceasingly Barek mor Shub'ho... Men olam...

 We venerate the – Living Cross And with joy we cry – Blest is Christ Who was crucified on it And redeemed us all from the Evil One – Christ has won the victory Therefore we glorify – Him unceasingly

Psalm 113

Amen. Praise, you servants of the Lord, praise the name of the Lord

May the Lord's name be blessed forever and ever

From the rising of the sun its setting great is the name of the Lord

The Lord is high above all peoples and his glory is above the heavens

Who is like the Lord, our God, who sits on high and looks upon the depths in heaven and on earth?

He raises up the poor from the dunghill, and makes him sit with the princes of the people.

He makes the barren woman keep house, and be a joyful mother of children.

And to you belongs the praise, O God Barek mor

Sleeba Aradhana – Yaumono Arkken

(Tune: Ennal vidhi gehe – Malayalam p. 350; Manglish p. 267)

1. *Today* the True Judge of – the world bent His head He was condemned like - a servant in court

- 2. *Today* they insulted and they mocked Jesus They mocked, insulted God, the Messiah
- 3. *Today* they wove a crown– of thorns for Him Who Adorned the earth with flowers and blossoms
- 4. *Today* they sentenced Christ like a criminal The One who will judge the kings in justice
- 5. *Today* they did cry out before Pilate's court "Crucify Jesus - who is called the Christ
- 6. *Today,* Cursed is Judas who betrayed our Lord For he went astray from the apostles
- Today the whole earth shook for it saw its Lord Be-ing hung upon– the cross made of wood
- 8. *Today* the sun and stars became darkened for The whole creation trembled at the Lord
- 9. *Today* the cherub's lance was removed so that By Christ, Adam might return to his place
- 10. *Today*, He gave life to the mortals for He Inclined His head and – died by His own will
- 11. *Today* the priests and scribes, and the Pharisees Crucified the Christ - In their jealousy
- Today He told Mary His belov'd Mother Do not weep for me, –weep for Jerusalem Barekmor

Shub'ho... Men olam...

13. *Today* let us praise and - venerate the Cross Praise the One who was - Crucified on it

The Beatitudes

- Blessed are the poor in spirit, /for theirs is the kingdom of heaven
- Blessed are those who mourn, / for they shall be comforted

Blessed are the meek, / for they shall inherit the earth

Blessed are those who hunger and thirst for justice, / for they shall be satisfied

Blessed are the merciful, / for they shall obtain mercy

Blessed are the pure in heart, / for they shall see God.

- Blessed are the peacemakers, / for they shall be called the children of God
- Blessed are those who suffer persecution for the sake of justice, / for theirs is the kingdom of heaven.
- Blessed are you, / when men reproach you and persecute you, /and speaking falsely,/ say all manner of evil against you for my sake.

Rejoice and be glad, / because your reward is great in heaven. Barek mor

Sleeba Aradhana – Sleklasleebe

(Tune: Deva Mashiha – Malayalam p. 351; Manglish p. 269)

- O Christ our God You ascended on the cross With flesh You took from Mary By the will of the Father For the salvation - of – men
- The thief saw You
 On the Cross as crucified
 He confessed that You are God
 He cried out to You saying:
 Remember me when You come
- O Christ our God You brought salvation for us By your life giving Passion By Your precious saving Cross Glory for Your love - towards - man
- O Christ our God You conquered the enemy By the life-giving Cross, You Saved Adam and his children From the bondages – of – sin

Sleeba Aradhana - Mohneego Vosshoso

(Tune: Aasamayam dayanee yam – Malayalam p. 352; Manglish p. 269)

 How mournful was the - time When Christ went out from Jerusalem Led by the wicked ones to be cruci-fied In – re-ward for - healing their sickness and pain

- How mournful was the voice When she said to Her Only son With bitterness and sorrow she cried a-loud Where, - Where - are they – taking you my beloved?
- How sweet was the voice of The Son of God as He replied: "Mother, I am going to be cruci-fied To - save - the world – and restore fallen Adam
- How grievous was the hour When they took Him to Golgotha And Crucifed Him while the Jews mocked Him - thus: If - You - are Christ – save Yourself, we will believe
- How grievous was the hour When Christ asked for water to drink The cursed people gave Him vinegar and - gall Hear-ing - His voice – the oceans and depths tremble
- By Your honorable Cross
 You have saved us from Death our Lord
 With great pain, the Church cries out beseeching- You:
 "Re-mem-ber Me when You come in Your Kingdom"
- 7. Our Savior, By Your Cross Which You have saved us from Satan By it absolve, the departed who have re-sted Raise - them - to life – from the graves to Paradise Barekmor Shub'ho... Men olam...

 Cross the Sign of Glo-ry We venerate you and we ask
 By You may we be allowed to enter Para-dise
 May - we - praise Christ – who was crucified on You Staumen Kalos Kurielaison

Promiyon

Qolo (Quqoyo)

(Tune: Daivathanoojan skeeppayil– Malayalam p. 353; Manglish p. 270)

- Christ, the Son of God gave up His soul on the Cross He committed His spirit into - *His* Father's hands Tombs were opened – rocks were split and the Creation was – in astonishment
 With the spear they pierced the side of the - Son of God Blood and water flowed out for the life - of the world Halleluiah and Halleluiah
- 2. On Friday the soldiers did put up a wine press And in it they squeezed the grape of ble-ssing but they Did not taste of – its wine but they drank The vinegar – the remnant of sin David sang "May their table become– *a* snare for them" For they crucified the Son of God - on the tree Halleluiah and Halleluiah Barekmor Shub'ho…
- Christ says to His Mother and to His bethrothed Church "Come and see what my friend's children have - done to me Abraham's house - has crucified me Jacob's house has – slapped me on my face They took a lance and pierced me accor-ding to their will They shall receive their reward when I come again Halleluiah and Halleluiah Men olam...

4. Christ who came down from on high is li-fted *on the* Cross The bull which the Jews slaughtered is laid - *on the* altar Come O Gentiles – for the Jews have left Zion has fell – Rise up Holy Church In You, has been set the Table of - *the* Bread of Life And the Chalice of wine mixed from the – *side of* the Lord

Ethro

Halleluiah and Halleluiah

Qolo, Bo'utho, Soomoro (Malayalam p. 355-361; Manglish p. 271-276)

Gospel

(Pethgomo – Malayalam p. 361)

Halleluiah- Halleluiah They divided My garments am<u>ong</u> them And for My clothing they cast <u>lots</u> – Halleuiah (Ps. 22:18)

Veneration of the Cross

Hymn

We – bow – be-fore Your Cross which brought us salva-tion And with the – thief we cry out – Christ remem-ber us when You come

Prose

We adore Your Cross – which has brought us salvation And with the thief, we say to You – Christ remember us when You come – into Your Kingdom. (Tune: Arimathyanaattil – Malayalam p. 363; Manglish p. 277) Procession hymn translated by H.G. Yakob Mar Irenaios, Metropolitan

> Joseph, hailing from, land of A-rimathea He was one righteous, and venera-ble. Beseeching He came, unto Pi-late's Court Pleading for Jesus', Body divine Body *of our* Savior Most holy Treasure Grant Thou me, Ru-ler I may bu - ry Him – my – self Crucified was He, on a Cross by Jews Give it unto me, for my de-light

Good Friday - Exaltation of the Cross

(Malayalam p. 363; Manglish p. 277) (Towards the East)

Eqbo

O Lord by the wicked You Were nailed to the Cross and by The stretching of Your two hands You did hold earth's four quarters O Lord, the Sun was darkened When it saw its Lord naked Night, with its pow'r of darkness, Covered the earth at midday When You cried out on the tree Your voice shook heaven and earth By Your mercy, You took death By Your will, You rose to life You raised up fallen Adam And returned him to Eden O Compassionate Savior Great is Your loving – kind-ness

You have given me the shield of salvation (Ps. 18:35) The Tree of Life in Eden Which was planted in the midst Prefigured the Cross from which The world plucked the fruit of Life Therefore on this day when we Come for its veneration Heaven and earth celebrate With them, let us cry – a-loud: **Kurie-laision, Kurie-laison, Kurie-laison**

(Towards the West) Eqbo

Christ, when You were crucified In the midst of the whole world The temple curtain was torn The earth quaked when it beheld You, O Lord, upon the cross And with great fear and trembling Cried out to its Lord: "O God Of our fathers, Blest - are You!

Your right hand shall uphold me and Your discipline shall make me great (Ps. 18:35) The tree which provided the Ram by which Isaac was saved Prefigured the Holy Cross Upon which the lamb was hung In order to save from death All the corners of the world Therefore on this day when we Come for its veneration Heaven and earth celebrate With them, let us cry – a-loud: **Kurie-laision, Kurie-laison**

(Towards the North) Eqbo

By Your will – and for our sake You endured the Cross of shame By Your might, You destroyed the Sting of fearful, greedy Death You delivered from bondage Those who lie down in She-ol With a song of victory And with songs of the Spirit We come and we wor-ship- You

Through You we will pierce our enemies (Ps. 44:5) The staff, Jacob, the Shepherd Embraced and he bowed before Prefigured the Holy Cross Christ our Shepherd, trampled Death And devastated She-ol Therefore on this day when we Come for its veneration Heaven and earth celebrate With them, let us cry – a-loud: **Kurie-laision, Kurie-laison, Kurie-laison**

(Towards the South) Eqbo

Blessed is the One who was Crucified on Golgotha By the Jews in ignorance And by His life-giving Cross He redeemed us all from Death Therefore, we join with the thief And we cry aloud and say "Remember us when You come" And for this we wor-ship You You have saved us from those who hate us (Ps. 44:7) During the time of Noah The Ark held remnants of life Which preserved for the whole world The Ark prefigured Cross From which overflowed good news Of a new life for the world Therefore on this day when we Come for its veneration Heaven and earth celebrate With them, let us cry – a-loud: **Kurie-laision, Kurie-laison, Kurie-laison**

Hav demaalekhe, Kabaradakka, Quqliyon, Eqbo, Promiyon, Bo'utho: (Malayalam p. 367-373; Manglish p. 279-283)

HYMN OF THE ANGELS

Leader: As the angels and archangels on high in heaven sing praise, so we poor children of earth sing praise and say:

Response: At all times and at all seasons, / Glory to God in the heights / and on earth, peace and tranquility / and good hope for the sons of men.

Leader: We praise you, we bless you, we worship you, we raise a hymn of praise to you.

Response: We give thanks to you because of your great glory, / Lord our creator, / King of heaven, / God the Father almighty.

Leader: Lord God, only Son, Jesus Christ, with the Holy Spirit,

Response: Lord God, / Lamb of God,/ Son and Word of the Father, / who take away / or rather have taken away / the sin of the world, / have mercy upon us.

Leader: You who take away, or rather have taken away, the sin of the world, incline your ear to us and receive our prayers; you who sit in glory at the right hand of the Father, have compassion on us.

Response: Because you are holy; / you only Lord Jesus Christ, /with the Holy Spirit, / in the glory of God the Father, Amen.

Leader: At all times all the days of my life, I will bless and praise your name, which is holy and blessed for ever, and which remains for ever and ever.

Response: Blessed are you, Lord Almighty, / God of our fathers, / and your name is blessed / and glorified in praise forever.

Leader: To you belongs glory, to you belongs praise, to your belongs honor, God of all, Father of truth, with the only Son and the living Holy Spirit, now and always and forever, Amen.

Prayer

O Jesus Christ our Lord, close not the door of Thy mercy upon our faces. We confess we are sinners, / have mercy upon us. O Lord, Thy love for us /did make Thee come down to us from Thy place, / that by Thy death, / our death might be abolished. / Have mercy upon us, Amen.

Qauma (Holy art Thou O God...)

Nicene Creed (We believe in one true God...)

Qaumo

Christ Who – by His death quickened – our mortality Raise our departed – *and* have mercy (3x)

Praise to - You O Lord, Honor - to Your Father and Worship to the Ho-ly Spirit Have mer-cy on us sinners May the gates of the Hea-ven-ly Zion - be opened That our - pray'rs may enter be-Fore Your Throne , Glory To You Lord, Glory To You Lord, Glory Our hope forever Barek mor

Our Father...

Holy Saturday Quamo

Christ Who - by Your tomb, abol-ished its corruption - give us life, Raise those - in the tombs (3x)

Praise to...